



FITNESS

Family Involvement in the National Bowel Cancer Screening Service

Topics of Conversation on Bowel Cancer Screening

Start the conversation

You could ask your parent:

- Have you heard about the National Bowel Cancer Screening Program?
- Do you know if you are eligible?
- Have you received a bowel cancer screening kit in the mail?
- Has your GP talked to you about bowel cancer screening?
- Do you know when your next screening test is due?

Offer your support

You could ask:

- Would you like me to help you check your eligibility or request a new screening kit?
- Would you like me to help you understand the screening test or explain the instructions, or get the instructions in your preferred language?
- Would you like me to help you book a GP appointment or come with you for the GP visit?
- Would you like me to help you set a reminder or keep the kit somewhere visible, so it isn't forgotten?

After the screening test

You could ask:

- Would you like me to help you understand your test result or to see your GP?
- If your GP recommends further testing, such as a colonoscopy, would you like me to go with you?

Questions you and your parents can ask your GP

- Am I eligible for the National Bowel Cancer Screening Program?
- How often should I complete a bowel cancer screening test / am I due for the next test?
- How do I correctly collect samples?
- What should I do if I have lost my kit or never received one?
- What does a positive screening result mean?
- What bowel cancer symptoms should I be aware of?
- Is bowel cancer screening still important if I feel healthy or have no symptoms?